

MONTGOMERY COLLEGE
Department of Health Enhancement, Exercise Science and Physical Education
Course Syllabus
Health 200: Health Issues / Sexuality
Rockville Campus
Fall 2018

Instructor Information

Instructor: Petula Alvaradous-Phillander
Office: Room PS228 Rockville PE Center (shared office)
Email: petula.alvaradousphillander@montgomerycollege.edu
Telephone: 240-528-8151
Office Hrs: By Appointment.

General Course Information

Health 200: Health Issues / Sexuality (3 credits)
CRN: 21944
Meets: Tuesdays and Thursdays 9:30p-10:45p
Room: Rockville PE 228

Catalog Description

The objective of this course is to provide students with an introduction to the health issues of human sexuality, including, but not limited to, reproduction and contraception, sexually transmitted diseases, health issues for special populations, and sexual health through the life span. In this course, we will provide students with information that will empower them to make responsible and appropriate decisions regarding their sexual behavior. This course will focus on the health aspects of sexual behavior. We will also draw on the disciplines of sociology, psychology, and anthropology. Sexuality is a multifaceted and interdisciplinary topic; however, emphasis in this course is on health issues from a healthy lifestyle perspective. Students interested in exploring the psychological nature of sexuality are encouraged to enroll in [PSYC 206](#) Psychology of Human Sexuality. *Assessment Level(s): [ENGL 101/ENGL 101A](#). Three hours each week. Formerly HE 112.*

HLTH 200 fulfills a General Education Institutional Requirement. Montgomery College's General Education Program is designed to ensure that students have the skills, knowledge, and attitudes to carry them successfully through their work and personal lives. This course provides multiple opportunities to develop two or more of the following competencies: technological competency, critical analysis, and reasoning, written and oral communication, and information literacy. Your performance in these competencies will be evaluated on your mastery of the area anywhere from Novice to Advanced.

Common Course Student Learning Outcomes

Upon completion of the course, the student will be able to:

- Evaluate personal attitudes and beliefs that may influence their sexuality related behaviors, and how this can impact their interactions with others.
- Demonstrate knowledge of current, factual information regarding sexuality and sexual health issues.
- Identify and explain cultural and psychological factors that influence people's sexuality-related behaviors.
- Identify specific sexual health issues affecting college students and adolescents.
- Evaluate media and explain the impact it can have on people's understanding of sexuality.

Course Overview

This course is an overview of human sexuality. What separates it from the sexuality class at Montgomery College that is offered in the psychology department, is that this class focuses on the health issues related to sexuality, and not solely on the psychological component. It also focuses less on the research perspective. While this class should focus on being inclusive of all, it is not a sexual minorities course, nor is it a gender class.

Text and Supplies

Text: Sexuality Now: Embracing Diversity, 6th Edition

Author: Carroll Janell L.

Publisher: Cengage AutoProvisioning

ISBN: 9781337405027

Grading Requirements

Students will need to read the assigned chapters in the textbook and complete course assignments as outlined in course assignments and in the class schedule. Students should read chapters prior to attending class. Students will also need to complete the tests online through blackboard. Pop quizzes may be given if students do not demonstrate an ability to discuss the chapters in a meaningful manner each week.

Course Grade

Assignments as follows:

Syllabus Acknowledgement
Academic Honesty Tutorial
Homework Assignments
My Health Assignment
Media and Sexuality Paper
Website Review Assignment
Quizzes

Points

5 points
10 points
180 points
60 points
100 points
15 points
90 points

In-class Discussion	140 points
Exams (100 pts each)	400 points
TOTAL POINTS	1000 points

Standards

Final grades will be determined by total points accumulated through assignments, participation, and exams. The final points necessary for a given letter grade will be based upon the following percentage scale:

90% of total possible points = A	900-1000 points
80% of total possible points = B	800-899 points
70% of total possible points = C	700-799 points
60% of total possible points = D	600-699 points
Less than 60% of total possible pts = F	0 – 599 points

Course Assignments - Due dates are listed in the class schedule under start here documents on Blackboard. All assignments will be available on Blackboard and submitted through blackboard.

Access to the HLTH200 Blackboard class site -

1. Login to <http://www.montgomerycollege.edu>
2. Click on the  button at the top of the page.
3. Log into My MC with your user name and password.
4. Click on the my courses tab
5. Click on the HLTH 200 class to open the Blackboard site
6. Access the homework assignments and tests in Blackboard in course content.

Homework Assignments: You are responsible for completing the homework assignments and submitting them on blackboard before the due date listed on the class schedule. Each chapter has a homework assignment that relates to the subject matter covered in the chapter. **The homework assignments will become available on Blackboard and need to be submitted on Blackboard before the due date.**

My Health Assignment: This project is about evaluating personal health behaviors. Students will gather information about one's health behaviors and evaluate that information. There will be more information as the assignment is made available.

Media and Sexuality Paper: Through this paper you will observe a form of media and write a paper where you completely cover the assigned topics. More will be posted once the assignment is released on blackboard. Like all papers, you will be graded on content as well as grammar, spelling, punctuation and format.

Website Review Assignment: This assignment asks students to focus on a health issue relevant to sexual health and college students. Once a topic is selected the students will need to find reliable information to inform a concerned student. Assignment will be further explained when posted on Blackboard.

Exams: There will be four non-cumulative exams in HLTH200. The exams may consist of multiple choice, true/false, short answer, and essay questions. Exams will cover all the material that is presented and assigned from the text. Exams will be done on blackboard. Once the material for the exam has been covered in class the exam will become available on blackboard. Students will have 90 minutes to complete each exam. Exams cannot be stopped once they are started. Students who have blackboard issues during an exam need to contact blackboard technical support and then email the professor the ticket number right away. **Makeup exams will only be given in emergency situations.** In case of an emergency, you must contact the professor within 24 hours of the exam and provide proof of the emergency (traffic accident report, emergency room visit notice for THAT day, etc.) to be allowed to make up the exam.

Due Dates/Late Work Policy

Deadlines and due dates are not negotiable. You may request to have an assignment made available early but there will be no extensions given for due dates. You have a schedule of all your assigned due dates for the semester, please plan accordingly. All assignments are submitted via blackboard so even if you miss class you can submit your assignments. **Assignments submitted after the due date will be graded but will receive 0 points** unless you have a documented emergency.

NOTE: E-mail submission of assignments. Students have occasionally said, “But I e-mailed it to you!” when they receive 0 points for an assignment. Emailing the assignment is not submitting it in blackboard. For assignments to be graded they need to be submitted in blackboard. IF you are concerned about an attachment not working in blackboard you are welcome to submit a second copy via email with an explanation but there still must be a submission in blackboard.

Make-up Policy

As all exams, will be available on blackboard this should not be an issue. If you know that you will be missing an exam ahead of time, you must speak with me at least one class before the exam to take the exam before it would normally be released on blackboard. If an emergency occurs on the day of the exam, you must contact me within 24 hours of the exam. You must have documentation for your inability to take the exam during the time it was open (tow truck receipt, accident report, or proof of emergency room visit from THAT day). No make-up exams will be given without the proper documentation.

Classroom Policies and Expectations

College standard disclaimers:

In addition to course requirements and objectives that are in this syllabus, Montgomery College has information on its web site (see link below) to assist you in having a successful experience both inside and outside of the classroom. It is important that you read and understand this information. The link below provides information and other resources to areas that pertain to the following:

- student behavior (student code of conduct),
- academic honesty (including what constitutes plagiarism),
- student e-mail,
- the tobacco free policy,
- withdraw and refund dates,
- disability support services,
- veteran services,
- how to access information on delayed openings and closings,
- how to register for the Montgomery College alert System, and finally,
- how closings and delays can impact your classes.

If you have any questions, please bring them to your professor. As rules and regulations change they will be updated and you will be able to access them through the link. If any student would like a written copy of these policies and procedures, the professor would be happy to provide them. By registering for this class and staying in this class, you are indicating that you acknowledge and accept these policies.

<http://cms.montgomerycollege.edu/mcsyllabus/>

It is each student's responsibility to express opinions respectfully and without infringing on the safety or rights of others. It is expected that all students will be respectful in the classroom. All students are expected to take turns and be respectful of the views and feelings of their peers. All students will be encouraged to participate in class discussions.

Academic Honesty:

Acts of cheating, fabrication, plagiarism, and helping others to commit such acts are all forms of academic dishonesty. Acts of academic dishonesty could result in a disciplinary action that may include, but is not limited to receiving an "F" on the assignment, receiving an "F" in the course, suspension or dismissal. The instructor will determine what action will be taken. Consult the *Montgomery College Academic Regulations and Student Code of Conduct* for further information.

TUTORIAL: Academic integrity is expected in this course. While this tutorial is not assigned it is a great resource for students to learn more about this important topic. All written assignments in this class will be submitted through blackboard and go through safe assign to screen for plagiarism. The Tutorial is assigned in the first two weeks of class. If you have done it in the past you can upload the email from the last time you did it. If you have not, then please do it and upload a copy of the email indicating that you completed it in the blackboard assignment.

Academic Integrity and Avoiding Plagiarism Tutorial:

<https://softchalkcloud.com/lesson/serve/HNfhIPti5LTA4C/html>

Support Services

Any student who needs an accommodation due to a disability should approach me after class or make an appointment to see me during the first week of class. In order to receive accommodations, a letter from Disability Support Services (R-CB122; G-SA175; or TP-ST120) will be needed. This letter must be provided at least one week before an exam. All efforts will be made to start accommodations as soon as the professor has been presented with a letter however it is unreasonable to expect changes without a weeks notice for exams. IF a student presents their letter after assignments have been submitted their accommodations cannot be made retroactive and work already submitted will not be changed.

Any student who may need assistance in the event of an emergency evacuation must identify to the Disability Support Services Office; guidelines for emergency evacuations for individuals with disabilities are found at:

www.montgomerycollege.edu/dss/evacprocedures.htm

Attendance

Students are expected to arrive to class on time. If you are more than 30 minutes late you will be marked absent. You are responsible for checking in with a *classmate* to determine work missed during an absence or if you are late. I usually give announcements and changes to the schedule at the beginning of class. Remember, missed in-class assignments cannot be made up. Every class has discussion points associated with it. Therefore, missing classes will affect your grade.

If a student fails to attend the first several classes, the professor reserves the right to mark them as non-attending which may result in them being dropped.

It is the student's responsibility to drop a course. Non-attendance of classes or failure to pay does not constitute official withdrawal.

Delayed Opening or Cancellation of Class

Montgomery College will always operate on its regular schedule unless otherwise announced. Please check the Montgomery College Web site at www.montgomerycollege.edu or sign up for Montgomery College ALERT - Register at: <http://cms.montgomerycollege.edu/mcsyllabus/>

- *If a class can meet for 50% or more of its regularly scheduled meeting time **OR** if the class can meet for 50 minutes or more, it will meet.*

If Montgomery College classes are cancelled, students should continue to follow the schedule provided in the syllabus. Assignments/exams will not be postponed unless the professor announces such on blackboard. All your material can be submitted online

so do not assume that you have a delay in due dates due to weather. Please check the class Blackboard site for any announcements. If you are unsure, please email the professor.

Audit Policy

All students registered for audit are required to consult with the instructor before or during the first class session in which they are in audit status, and students are required to participate in all course activities unless otherwise agreed upon by the student and instructor at the time of consultation. Failure to consult with the instructor or to participate in class activities may result in the grade of “W” being awarded. This action may be taken by the instructor by changing the “AU” to “W” before the drop with “W” date. Students auditing the course are still subject to being dropped for excessive absences or nonattendance.

Incomplete

A grade of I (incomplete) may be assigned only upon request of the student and agreement of the course instructor. To receive an “I” (incomplete) grade, students must obtain a contract form from the instructor and negotiate a formal agreement with the course instructor specifying the work done and the remaining work needed to complete the course and earn a grade. Normally, the use of an “I” grade is limited to bona fide emergency situations that occur at the end of a semester *and* that prevent students from completing all course requirements in a timely fashion to meet the final grade submission requirements of the Office of Admissions and Records *and* the student’s progress was satisfactory (‘C’ or better) until the emergency occurred. It is the responsibility of the instructor to specify the exact work to be completed to meet course requirements. The instructor and the student should hold a reasonable expectation that course requirements can be completed within the four weeks following the beginning of the next full semester. If a final grade has not been submitted after four weeks into the next semester, the “I” automatically reverts to a failing grade (F).

Communication

The preferred method of communication regarding a course in which you are enrolled is through email in the Blackboard system. Please start a new thread for a new topic and assign an appropriate Subject tag.

If Blackboard is unavailable, you may use the email listed at top of the syllabus. If you are using regular email, please ensure that you have a working email address (montgomerycollege.edu) and in the “Subject” line you reference:

HLTH 200 Tuesday [rest of subject]

Unknown emails will likely be automatically deleted and/or held up in junk mail. Please expect a reply within 3 working days (usually sooner, based on grading schedule).

To be informed it is important that you access blackboard and read your blackboard emails in a timely fashion. Additionally, it is important to check your student email. If I

post an important announcement on blackboard I will usually have blackboard also email your student account to be sure you are aware of the announcement.

Student e-mail (montgomerycollege.edu) is an official means of communication for the College. It is expected that you check your student e-mail regularly, as you are responsible for information that will be sent to you from the College. To check your e-mail, log into your MyMC online account. You can also use the Outlook app on your phone to check your Montgomery College email.

Recognize that your professor may not be on email or blackboard after 6pm weekdays or over the weekend. IF you have an emergency you can leave a message or text the professor at the number at the top of the syllabus. The professor will respond as soon as is reasonably possible. PLEASE only text about blackboard issues after following the section below on what to do for blackboard technical support.

Blackboard Technical Issues

If during the course you experience a technological problem with Blackboard, you need to follow the procedures below. Following these correct procedures **may** allow you to re-submit an online assessment or be granted an extension to a course deadline (if necessary) depending on the circumstances and approval from your professor.

- Call the IT Service Desk at 240-567-7222 to report your problem.
- Write down the work order number received from the IT Service Desk.
- Send an email to your professor identifying: the date and time of the phone call, the work order number, the nature of the problem, the steps to resolution suggested by Blackboard and the outcome of the phone call. This email must be sent within 1 hour of contacting the IT Service Desk.
- After this is done you may text or leave a voicemail on the number listed at the top of this syllabus to notify the professor of the issue.

****If in doubt, contact the IT Service Desk if you are experiencing a problem. Students who do not follow the instructions above will not be able to resubmit work due to technical errors.***

Please note that your professor is not technical support.

A Note on Sexual Misconduct

Montgomery College is committed to fostering a safe, productive learning and working environment. Title IX and our College's policy on Sexual Misconduct; prohibit discrimination on the basis of sex.

Sexual misconduct — including sexual harassment, sexual assault, domestic violence, dating violence, sexual exploitation, sexual intimidation, and stalking— is also prohibited at our school.

Montgomery College encourages anyone experiencing sexual misconduct to talk to someone about what happened, so you can get the support you need and Montgomery College can respond appropriately.

If you wish to speak confidentially about an incident of sexual misconduct, please contact one of the following resources: Rockville Counseling Department, 240-567-5063 or 240-567-4104, Germantown Counseling Department, 240-567-7734, or Takoma Park/Silver Spring Counseling Department, 240-567-1480.

If you wish to report sexual misconduct or have questions about school policies and procedures regarding sexual misconduct, please contact our school's Title IX coordinator, Mr. Christopher Moy, 240-567-5412, Christopher.moy@montgomerycollege.edu, 900 Hungerford Dr. Rockville, MD 20850 Rm 150.

Montgomery College is legally obligated to investigate reports of sexual misconduct, and therefore cannot guarantee the confidentiality of a report, but it will consider a request for confidentiality and respect it to the greatest extent possible.

Faculty members are required by our school to report incidents of sexual misconduct and thus, cannot guarantee confidentiality. They must provide our Title IX coordinator with relevant details such as the names of those involved in the incident.