

# PHYSICAL EDUCATION, Arts and Sciences AA (R): 619

Total Credits: 60  
Catalog Editions 23-24 through 24-25

Name:

Date:

ID #:

<b><u>GENERAL EDUCATION: FOUNDATION COURSES</u></b>	Course	Hours	Grade
<b>English Foundation</b> ( <i>grade of C or better required to graduate</i> )	<b>ENGL 102</b>	3	
<b>Math Foundation</b> (MATH 110, 115, 117, 120, 130, 150, 165, 170, or 181) <b>CONSULT COUNSELING FACULTY / PROGRAM ADVISOR ABOUT CHOICE</b>			

<b><u>GENERAL EDUCATION: DISTRIBUTION COURSES</u></b>	Course	Hours	Grade
<b>Arts Distribution (ARTD) ††</b>			
<b>Humanities Distribution (HUMD) ††</b>			
<b>Behavioral &amp; Social Sciences Distribution (BSSD) ** ††</b>		3	
<b>Behavioral &amp; Social Sciences Distribution (BSSD) ** ††</b>		3	
<b>Natural Sciences Distribution with Lab (NSLD)</b>	<b>BIOL 150</b>	4	
<b>Natural Sciences Distribution with Lab (NSLD)</b>	<b>BIOL 212</b>	4	
<b>General Education Institutional Requirement (GEIR)</b>		3	
<b>General Education Institutional Requirement (GEIR)</b>	<b>HLTH 105</b>	3	

<b>PROGRAM REQUIREMENTS</b>	Course	Hours	Grade
<b>ENGL 101 or ENGL 101A</b> (if needed for ENGL102 or Elective)*		3	
	<b>EDUC 101</b>	3	
	<b>BIOL 213</b>	4	
	<b>HLTH 125</b>	3	
	<b>PHED 201</b>	3	
	<b>PHED 204</b>	3	
	<b>PHED 225</b>	3	
	<b>PHED 226</b>	3	
<b>PROGRAM ELECTIVE ***</b>			

**Has student completed the Global Perspectives requirement?**  Yes  No

**Overall GPA of 2.0 is required to graduate**

Total Credits:

Global Perspectives Course:

\* ENGL 101/ENGL 101A, if needed for ENGL 102 or Elective.

\*\* BSSD courses must come from two different disciplines. Students are recommended to take **PSYC 100/PSYC 102**.

\*\*\* Program Electives can be selected from the following list: **EDUC 102, PHED 101, PHED 116, PHED 117, PHED 120, PHED 121, PHED 143, PHED 152, PHED 163, PHED 170, PHED 186, or PSYC 227.**

[Health Enhancement, Exercise Science, & Physical Education Website](#)

Last Reviewed: July 2024

†† Meet with a program advisor to select General Education courses based on transfer school AND choose one General Education course from either Arts, Humanities, or Behavioral and Social Sciences distributions to fulfill the Global and Cultural Perspectives (GCP) requirement. Towson accepts MATH 150 or a Mathematics foundation (MATF) in addition to a Math ALEKS score of 61 or higher.

See an [advisor](#) to submit an [Application for Graduation](#) the semester BEFORE you intend to graduate.  
**This UNOFFICIAL document is for planning purposes ONLY and completion does not guarantee graduation.**

Advising Worksheet  
Contact: [Anthony Solano](#)